



**MEDWORLD**

**GROUP OF CLINICS & MEDICAL TOURISM**

Medworld Group — Medworld Group is a network of premium clinics located in Antalya, Türkiye. We offer a unique combination of high-quality medical services, personalised wellness programmes, and accommodation in luxury hotels.



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# Leading Network of Clinics in Medical Tourism



## Medworld Health & Rehabilitation Center

A medical centre offering multidisciplinary diagnostic, rehabilitation, detox and recovery services. Modern equipment, personalised programmes, and a comprehensive approach ensure visible and lasting results for each guest.



## Lara Smile Dental Clinic

A modern dental clinic specialising in aesthetic restorations, implants, and full smile design. Advanced technologies and experienced specialists guarantee natural and long-lasting results.



## Medworld Cosmos Clinic

A wellness centre located in Antalya, offering rejuvenating and restorative programmes in a boutique environment. The ideal choice for those who wish to combine rest with health improvement.



## MTT – Medical Tourism Turkey

A licensed agency providing full support for patients — from treatment planning to transfers and accommodation. We ensure comfort, safety, and personalised care throughout your journey.

## NETWORK OF CLINICS IN THE FIELD OF MEDICAL TOURISM

### Opening of a New Medical Center in Antalya

Medworld Group is proud to announce the opening of its new medical center in Antalya, bringing together three premium specialties under one roof: aesthetic and beauty treatments, dental care, and hair transplantation.

This state-of-the-art facility offers a comprehensive, all-in-one healthcare experience, enabling patients to receive a wide range of treatments in a single location. Designed with international patients in mind, the center ensures exceptional service standards and provides dedicated support throughout every stage of the treatment journey.

A place where medical excellence meets comfort and personalized care.

# RENUVA

F A C E • B O D Y • H A I R

# Lara Smile

PREMIUM





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## WELLNESS BEYOND RELAXATION



### The Perfect Balance of Rest and Wellbeing

The innovative concept of wellness tourism by **Medworld Group** allows you not only to enjoy a fulfilling holiday, but also to improve your health and wellbeing.

By harmoniously combining advanced medical technologies, comfortable accommodation in luxury hotels, and the natural beauty of Antalya, **Medworld** offers a unique opportunity to take care of your body and mind while relaxing in one of the most picturesque regions of Türkiye.

At **Medworld**, a wide range of diagnostic and therapeutic procedures is available in a calm natural environment with the comfort of premium resort infrastructure.

This approach makes it possible to combine prevention and recovery — restoring vitality, balance, and reducing stress.



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## CLINIC LOCATIONS: COMFORT & CONVENIENCE



### Medworld Health & Rehabilitation Center

The clinic is located within the 5-star **Rixos Downtown Antalya hotel**, next to the scenic Karaalioğlu Park and the historic Old Town of Antalya. This unique location, offering panoramic views of the Mediterranean Sea and the Taurus Mountains, provides the perfect balance between nature and the city. It encourages deep relaxation, recovery, and stress reduction. Guests can enjoy cycling routes, morning walks along the coastline, or outdoor sports and activities in the nearby park.



### Medworld Cosmos Clinic

Located within the 5-star **Nirvana Cosmopolitan Antalya** hotel on the Lara–Kundu coastline, this spacious and bright clinic features modern facilities and extensive recreational areas. Thanks to its unique infrastructure and picturesque setting, it is ideal for rejuvenation, health enhancement, and preventive care. With its integrated wellness and sports complex, Medworld Cosmos offers the perfect opportunity to combine active exercise or intensive treatments with restorative relaxation.



### Lara Smile Dental Clinic

The Lara Smile dental clinic is situated in the Lara–Kundu area, just a few minutes from the **Nirvana Cosmopolitan Antalya** hotel. This makes it especially convenient for guests undergoing wellness programmes at **Medworld Cosmos Clinic** or staying in nearby hotels. It is the ideal choice for those who wish to combine a beach holiday with high-quality and safe dental care.

## Health & Wellness



### RELAXATION

Your recovery begins with rest by the Mediterranean Sea. Picturesque landscapes help restore strength, recharge your energy, and improve your overall wellbeing.



### TREATMENT

Comprehensive rehabilitation programmes at Medworld combine the latest achievements in modern medicine, physiotherapy, and restorative wellness practices.



### WELLNESS

Choose your personalised recovery programme — from detox and weight management to anti-stress and anti-ageing therapies — all designed to bring harmony to body and mind.



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## HEALTH CONCEPT



### Health Programmes at Medworld & Cosmos

Each programme is more than just a set of procedures — it is a personalised journey towards recovery, wellbeing, and inner harmony.

**Diagnostics & Consultation** – laboratory tests, doctor consultations, and individual recommendations.

**Personalised Plan** – a tailor-made schedule of treatments and therapies designed to meet your needs.

**Hotel Comfort** – accommodation in 5★ hotels with spa facilities, swimming pools, and fitness centres.

**Therapies & Supervision** – physiotherapy, massage, and IV treatments under the supervision of specialists.

**Leisure Time** – walks, cycling, swimming, sauna, and outdoor yoga sessions.



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## HEALTH PROGRAMMES



**Medworld Health Programmes** are developed using modern medical knowledge and designed to meet the individual needs of our guests.

The recommended duration to achieve noticeable wellness results is a **minimum of 7 days**. For long-term and sustainable benefits, a **14-day course** is considered optimal.

Each programme includes a carefully selected combination of treatments tailored to specific health goals. Their synergistic effect helps to achieve better and longer-lasting results compared to isolated procedures.

- **Detox & Weight Balance** — Deep cleansing and metabolism reset for lasting vitality.
- **Anti-Stress & Sleep Recovery** — Restore balance through deep relaxation and sleep renewal.
- **Physical Therapy & Rehabilitation** — Recover and rebuild strength with expert medical care.
- **Longevity & Healthy Aging** — Support healthy aging with personalised therapies.
- **Spa & Wellness** — Relaxation and rejuvenation for body and mind.
- **Dental Wellness Programme** — A holistic approach to oral and overall health.
- **Women's Health Balance** — Hormonal harmony and feminine wellness retreat.
- **Men's Health & Vitality** — Regenerative sexual wellness and energy recovery.
- **"One-Day Recovery"** — Quick and effective programmes for total refresh and reset.



# HEALTH PROGRAMMES



**Wellness Programmes for Detox, Rejuvenation & Recovery**—Medworld programmes combine modern medical methods with natural approaches to healing and revitalisation. Each programme is designed to purify the body, restore energy, improve metabolism and physical condition. The goal is to achieve lasting results and feel real transformation even during your stay..



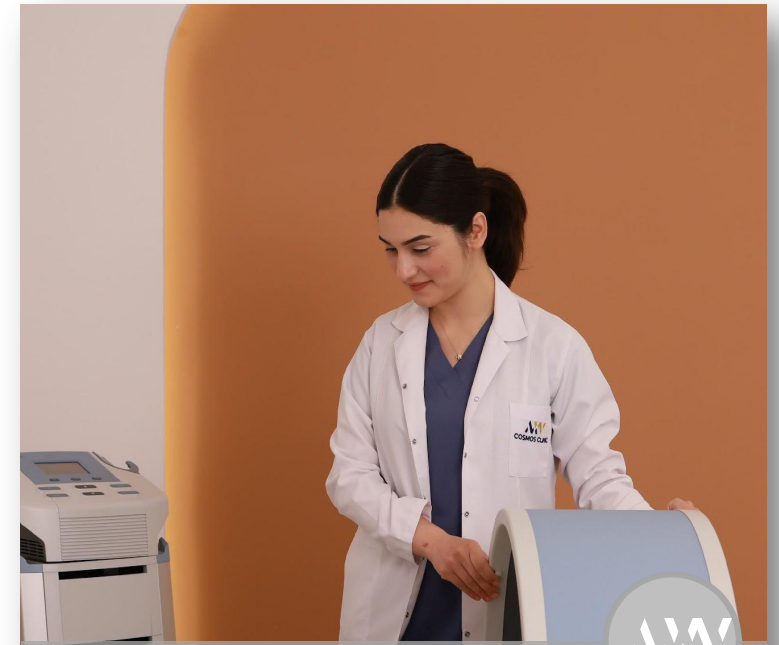
## Detox & Weight Balance

Deep body cleansing and metabolic reset to restore energy, lose excess weight, and support cellular renewal.



## Anti-Stress & Sleep Recovery

A deep relaxation programme designed to relieve tension, restore vitality, and bring inner balance.



## Physical Therapy & Rehabilitation

Recovery after injuries and chronic conditions. Strengthening of muscles and joints under medical supervision.

# HEALTH PROGRAMMES




**The New “All Inclusive” Health Concept** — We offer personalised wellness programmes in Medworld resorts across Antalya — from longevity and anti-stress to restorative and dental wellness. All this comes together with luxurious accommodation and exceptional medical attention, creating a unique health-oriented holiday experience.




**Longevity & Healthy Aging**

Personalised therapies supporting active longevity and gentle rejuvenation.



**Spa & Wellness**

Restores inner balance, relieves stress, and promotes natural rejuvenation of body and mind.



**Dental Wellness Programme**

A comprehensive approach to oral care and overall health through advanced dental treatments.



# HEALTH PROGRAMMES



**A Personalised Approach to Body, Energy & Health** — Our integrated solutions combine medical supervision, personalised methods, and comfortable recovery conditions —all designed to achieve sustainable results and a higher quality of life.



## Women's Health Balance

A restorative programme aimed at hormonal harmony, feminine energy, and overall wellness.



## Men's Health & Vitality

A comprehensive programme designed to enhance vitality, restore hormonal balance, and improve sexual wellbeing.



## One-Day Recovery

Short but effective programmes for quick recovery, stress relief, and improved wellbeing.

## ALTERNATIVE MEDICINE



Alternative methods are particularly effective for chronic conditions and as part of comprehensive rehabilitation.

**Chronic fatigue, stress, anxiety** — Acupuncture, anti-stress massage, infrared and redlight therapy, and phytotherapy help improve sleep, restore inner calm, and increase energy levels.

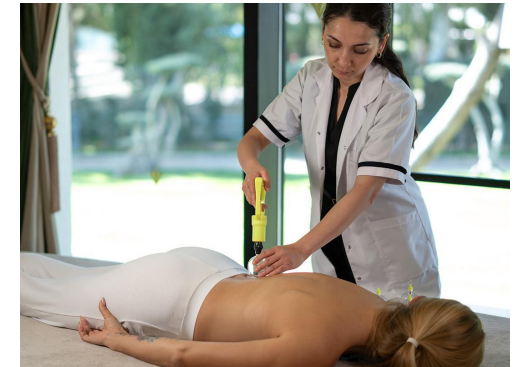
**Back and joint pain** — Acupressure, cupping massage, ozone therapy, and magnetotherapy reduce inflammation, relax tense muscles, and restore mobility.

**Slow metabolism, oedema, excess weight** — Lymphatic drainage, pressotherapy, specialised massage techniques, and herbal therapy stimulate metabolism, improve lymph flow, and promote toxin elimination.

**Post-illness or post-surgery recovery** — Individual programmes combining gentle stimulation, traditional practices (Ayurveda, phytotherapy, acupuncture) and modern technologies support immunity, strengthen the body, and accelerate recovery.

All procedures are selected individually after consultation with a specialist.

We do not only treat symptoms — we restore balance to the entire body.





# MEDICAL TOURISM

## Medical Tourism Turkey (MTT)

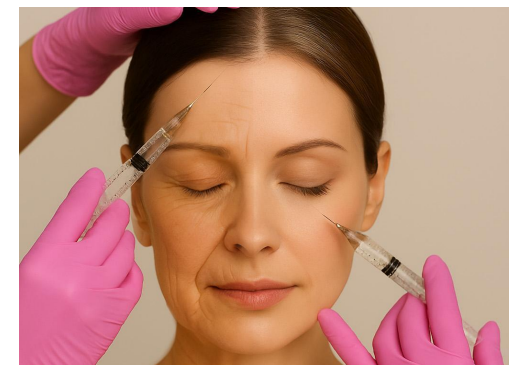
A licensed medical tourism agency within **Medworld Group**, MTT is officially authorised and specialises in welcoming international patients, organising comprehensive medical travel, and providing full support at every stage —from the initial consultation to complete recovery.

### Key areas of expertise:

- Hair Transplantation
- Aesthetic Medicine & Plastic Surgery
- Diagnostics & Check-up
- Dentistry

Personal coordinators speak **English, Russian, German, and Arabic**, ensuring comfortable communication throughout the process.

**MTT** operates under the licence of the **Turkish Ministry of Health** and is part of **Medworld Group**, which unites leading clinics in Antalya.



## HAIR TRANSPLANT IN TURKEY



At Medworld Group, hair transplantation is performed using the advanced **DHI (Direct Hair Implantation) technique** — ensuring minimal trauma, fast recovery, and a natural, long-lasting result.

To enhance effectiveness and accelerate recovery, we use **supportive cellular technologies**, including: placental injections, stem-cell activation (PRP therapy), and ozone therapy — all improving blood circulation and nourishing hair follicles.

### Advantages:

- No incisions or stitches — natural density and growth direction.
- Faster healing and hair growth supported by bio-regenerative therapy.

**Comprehensive care:** diagnostics, transplantation, and full post-procedure recovery.

**Comfort:** hotel accommodation, transfers, and Russian-speaking coordinators.



## CHECK-UP PROGRAMMES



**Comprehensive Health Diagnostics** — with a personalised approach

Within **Medworld Group**, we offer a wide range of diagnostic programmes (check-ups), which can be carried out either in our own clinics or in specialised partner medical centres across Antalya.

The choice of location depends on the content of the programme, required equipment, and the specific type of examination.

### A check-up may include:

- Laboratory tests
- Instrumental diagnostics (Ultrasound, ECG, MRI, CT, etc.)
- Specialist consultations (cardiologist, endocrinologist, gynaecologist, urologist, and more)
- Personal recommendations on nutrition, lifestyle, and further examinations.

All programmes are selected individually, taking into account the patient's age, gender, lifestyle, and medical history.

After the examination, a detailed **medical report** is provided —including test interpretations and a personalised plan for the next steps.





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## LARA SMILE DENTISTRY



### Modern dentistry made accessible to everyone

We offer more than just dental treatment — we provide comfort and visible results from your very first visit.

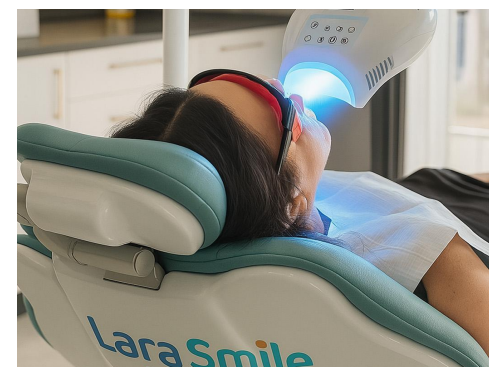
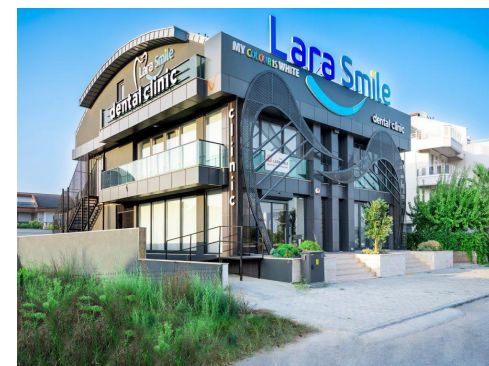
Implants, veneers, crowns — everything to restore your confidence, enhance your beauty, and achieve a perfect smile.

With over **15 years of international experience**, we perform implant procedures in just one visit, using advanced 3D planning and innovative technologies.

### Advanced. Safe. Comfortable.

- No impressions — fully digital modelling
- Guided surgery for precise placement
- Premium European materials
- Licensed clinic in Antalya
- Attractive and transparent pricing

Before your visit, you can contact us remotely — send photos of your teeth or a panoramic X-ray, and we will prepare a with a detailed cost estimate. This allows you to **personalised treatment plan** understand the scope of work and make an informed decision in advance.



## PLASTIC SURGERY



### Modern methods of aesthetic correction and recovery

MTT collaborates with leading plastic surgery clinics in Türkiye, providing access to highly qualified, certified surgeons with international experience.

Each patient receives an individual solution — from aesthetic procedures to complex reconstructive surgery.

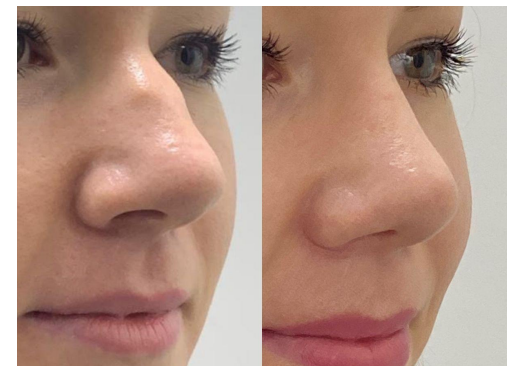
### Facial and body procedures:

- Blepharoplasty (upper and lower eyelids)
- Face and neck lift
- Rhinoplasty (nose surgery)
- Otoplasty (ears)
- Forehead and brow lift

### Body aesthetics:

- Liposuction
- Abdominoplasty (tummy tuck)
- Breast augmentation, lift, and reduction
- Buttock augmentation
- Post-bariatric body contouring

**Medical Tourism Turkey (MTT)** is officially licensed by the Turkish Ministry of Health to organise medical treatment for international patients across Türkiye. The agency provides a **full range of medical tourism services** and ensures treatment only in clinics with a high level of accreditation, recognised reliability, professionalism, and impeccable reputation.



# PHYSIOTHERAPY & REHABILITATION



Restoring health through science and personalised care

- **Individual rehabilitation programmes** under the supervision of specialists.
- **Multidisciplinary approach:** doctors, physiotherapists, osteopaths, and rehabilitation experts.
- **Comprehensive diagnostics:** ultrasound, EMG, postural analysis, and orthopaedic assessment.

**Device-based therapies** such as:

RoboLex – restores muscle tone and relieves spasms.

Andulation Therapy – stimulates blood circulation and metabolism.

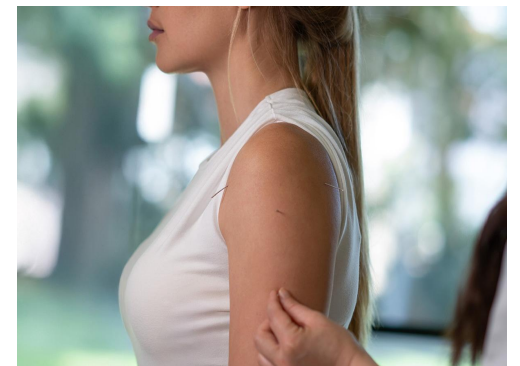
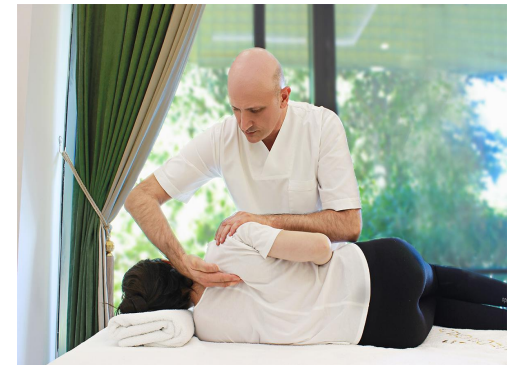
Magnetotherapy – accelerates healing and reduces pain.

Traction tables – relieve spinal pressure.

Shockwave Therapy (ESWT) – effective for joint and soft tissue pain.

- **Post-injury and post-surgery rehabilitation**, as well as recovery after stroke, back pain, headaches, neuralgia, and musculoskeletal disorders.
- **Additional treatments:** acupuncture, osteopathy, therapeutic massage, and exercise therapy.

**Medworld Clinic** and **Cosmos Clinic** offer rehabilitation programmes of varying intensity —from express recovery to comprehensive courses lasting **7, 14, or 21 days**.



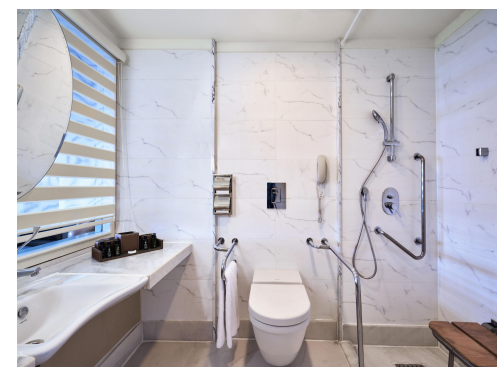
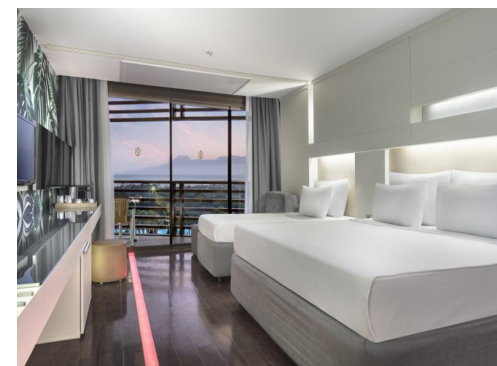
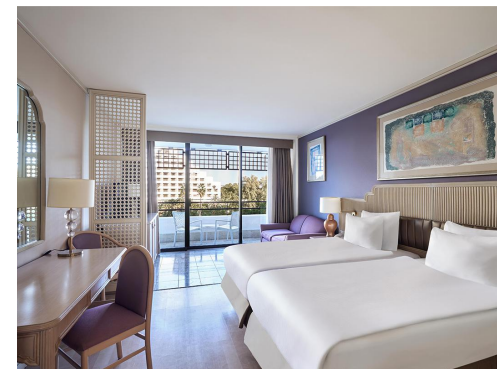
## ACCOMMODATION

### Modern comfort for every guest

Our wellness programmes take place in modern clinics located directly within the **Rixos** and **Nirvana Cosmopolitan** hotel complexes.

- Contemporary and comfortable rooms, including options designed for guests with limited mobility.
- The possibility to combine your **treatment and accommodation** in one all-inclusive wellness package.

Staying at the hotel and receiving treatment blend into a single restorative rhythm, where every detail is aimed at **healing, relaxation, and quality rest.**



## CLINIC INFRASTRUCTURE



### Modern medicine in a setting of comfort and care

- **Diagnostics & Consultations:** fully equipped rooms for laboratory analyses, ECG, and functional testing.
- **Specialist Consultations:** internal medicine, dietology, dermatology, urology, and more.
- **Physiotherapy & Rehabilitation:** spacious therapy areas for electrotherapy, magnetotherapy, andullation, therapeutic massage, and kinesiotherapy. All facilities are accessible for patients with limited mobility.
- **Restorative & IV Therapies:** infusion treatments (immune, detox, anti-age), ozone therapy, PRP, Laennec, and colon hydrotherapy — designed for deep cleansing and body renewal.
- **Relaxation & Recovery Zones:** ozone sauna, pressotherapy, red light therapy, and medical SPA programmes — for relaxation and rejuvenation in a calm and aesthetic environment.
- **Accessibility & Comfort:** adapted spaces for guests with limited mobility and thoughtfully designed interiors that promote healing and relaxation.



## DINING & NUTRITION



### Personalised nutrition as part of your wellness programme

During wellness programmes, nutrition plans are tailored to individual needs —including dietary, anti-inflammatory, low-carb, and antioxidant options, as well as specialised menus for detox programmes.

### Restaurant variety within the hotel

Guests can enjoy a wide selection of cuisines from around the world —Mediterranean, Turkish, Asian, and vegetarian.

### Special diets and individual requests

Vegan, gluten-free, and lactose-free menus are available upon request. Full nutritional guidance is provided when medically required.

### Comfort & convenience

Guests can choose their preferred dining style: buffet, à la carte, or room service.



## HOTEL INFRASTRUCTURE

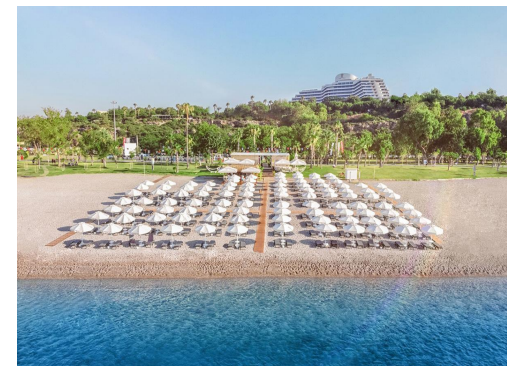


Guests participating in wellness and recovery programmes enjoy full access to the hotel's extensive facilities.

This includes:

- Spacious indoor and outdoor pools, including heated options available year-round.
- A sandy beach — perfect for enjoying sea air, sunshine, and relaxation by the water.
- Cosy relaxation areas, jacuzzis, and terraces designed for comfort and recovery between treatments.
- A fully equipped fitness centre with modern cardio and strength-training equipment.
- Dedicated spaces for individual and group activities, including yoga, Pilates, and functional training.

This format allows for a **harmonious combination of medical expertise and resort-style leisure**, ensuring not only health improvement but also the joy and comfort of each day spent at the clinic.





# MEDWORLD

## INTERNATIONAL CERTIFICATIONS

All clinics within the Medworld Group hold international **JCI accreditation** as well as European **ISO certifications** —**ISO 9001, ISO 14001, ISO 45001, and TÜV ISO**, confirming compliance with the highest standards of quality management, sterilisation, health and safety, and environmental protection. In addition, all Medworld institutions **are licensed by the Turkish Ministry of Health** for medical tourism and undergo annual independent audits to ensure full compliance with international healthcare protocols.



Association of Turkish Travel Agencies



Republic Of Turkey Ministry Of Health



Safe Tourism Turkey



Organization Accredited  
by Joint Commission International



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