



PRIVATE MALE SEXUAL HEALTH PROGRAM

A comprehensive male health program combining the P-Shot, exosome therapy, and wellness therapies aims to address various aspects of male sexual health.

Understanding the Components

P-Shot (Priapus Shot)

- This procedure involves injecting exosome into the penis.
- It's often used to address erectile dysfunction, Peyronie's disease, and to enhance sexual function.

Exosome Therapy: (Additional)

- Exosomes are tiny vesicles that carry cellular information and are thought to promote tissue repair and regeneration.
- In male health, exosome therapy is being explored for its potential to enhance the effects of other treatments, such as the P-Shot, and to improve overall sexual function.

Wellness Therapies

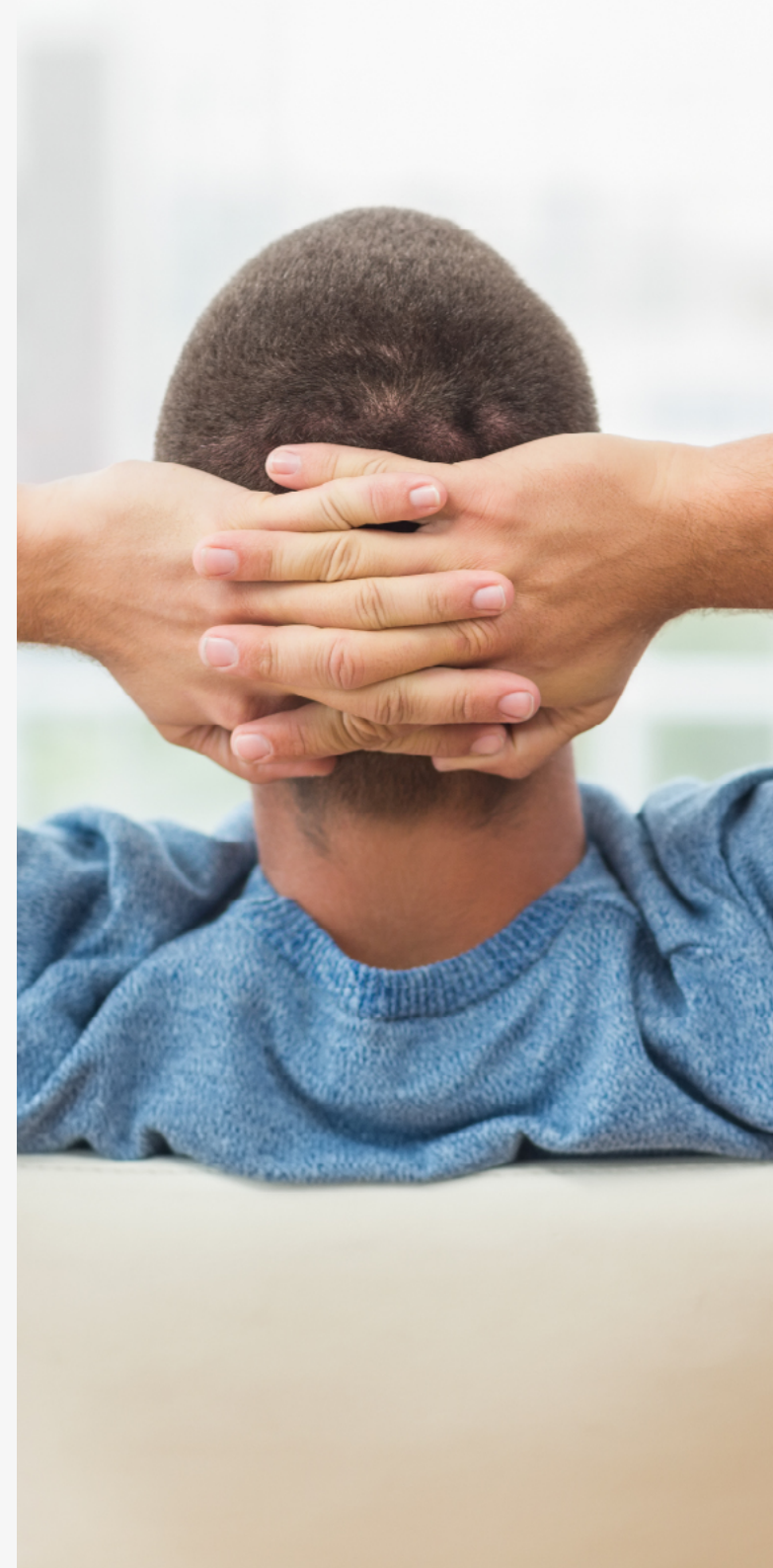
- These therapies encompass a broader range of approaches aimed at improving overall health and well-being. They may include:
 - Hormone optimization: Addressing hormone imbalances that can affect sexual function.
 - Nutritional counseling: Providing guidance on healthy eating habits.
 - Exercise programs: Promoting physical fitness.
 - Stress management techniques: Reducing stress, which can negatively impact sexual health.

PROGRAM DETAILS

- Doctor Consultation with Holistic Health Approach
- Dental Consultation & Dental Check up
- Dermo Aesthetic Doctor Consultation
- Nutritionist Coaching (Mindful eating- Emotional Eating – Food Choices)
- Assesment of Nutrition Habits
- Nutritional Plan (alkaline – gluten free- casein free- Mediterreanean- Flexitarian)
- Longevity Supplements



	7 DAYS	10 DAYS	14 DAYS
Doctor Consultation	1	2	3
Metabolic Blood Analysis	1	1	1
Dental Check Up	1	1	1
Dermo Aesthetic Consultation	1	1	1
Aging Parameters in Blood	1	1	1
Health Check Up	1	1	1
3D Body Scan	2	2	3
Electrocardiography	1	1	1
Bone and Mineral Assesment	1	1	1
Movement Analysis	1	1	1
P- Shot Injection	1	1	1
ESWT Therapy	2	3	6
Transquatenous Muscle&Nerve Stimulation	2	4	6
Healing Vibration Therapy	4	6	8
Re Functional Exercise	1	3	5





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