



# MEDWORLD

HEALTH & REHABILITATION CENTER

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## HEALTH & WELLNESS

**Medworld Health & Rehabilitation Center** occupies 6.500 m<sup>2</sup> from Rixos Downtown Antalya gardens, offers impeccable service and a variety of health and wellness treatments prepared by highly skilled medical specialists.

Among the doctors of our center: dermatologists, therapists, dentists, physiotherapists, cosmetologists, nutritionists, psychologists, oncologists, osteopaths, manual therapists, endocrinologists, urologists, gynecologists and this is not a complete list.

Medworld Clinic is equipped with high-tech medical equipment.

Our main goal is to improve the health of our patients through creating an atmosphere of trust, building dialogue and finding the right treatment methods.






## HEALTH PROGRAMMES

We are very proud to present our health treatment programmes Medworld has developed for you. The duration recommended to achieve a real health result is minimum 7 days. However, it is recommended at least 14 days to achieve a long term results. Medworld Health Programmes includes various procedures for each specific purpose, where their joint application is more effective than performing each procedure separately.


- Immune Boost Programme
- 60 Plus Health Programme
- Anti-Stress & Sleep Recovery Programme
- Expanded Men's Health Programme
- Woman Health Programme
- Return to Life After Cancer Treatment Programme
- Family & Baby Planning Programme
- Complete Anti-aging Programme
- Bridal Beauty Programme
- Rehabilitation After Covid-19
- Naturel Beauty Face Treatment Programme
- Kids Health Programme
- Anti-Smoking Programme

## HEALTH AND RECREATION

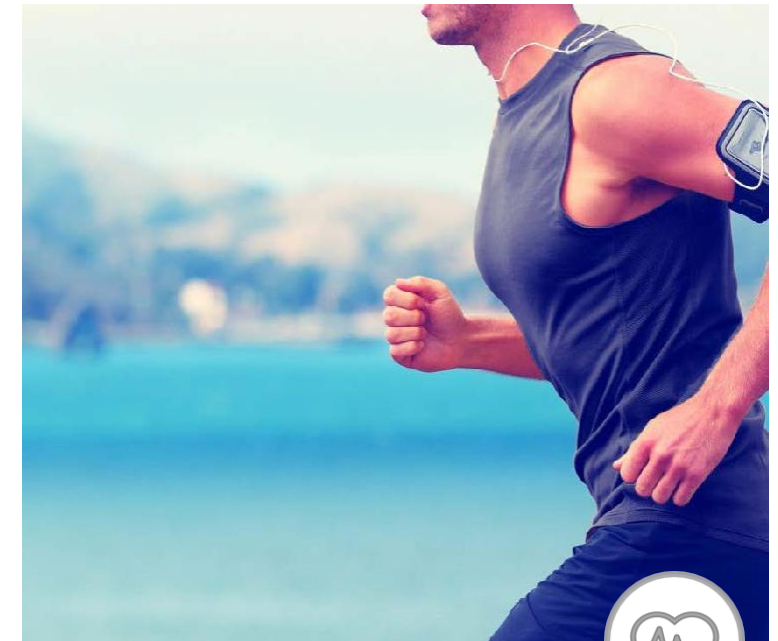
Vacation in Antalya has become not only pleasant, but also health-improving




**Doctors consultations**  
Consultations of the best specialists  
in their field



**Wellness treatments  
and personalized nutrition programs**  
Detox, Weight Loss, Rejuvenation,  
Alternative Medicine



**Fitness programmes**  
Individual programmes, manual therapy,  
physiotherapy and rehabilitation





7  
DAYS

## ● IMMUNE BOOST PROGRAM - 7 DAYS

Our immune system is our primal system of defence. The mechanisms behind our immune reactions allow us to safely interact with and adapt to our ever changing environments. We are all born with a natural, non-specific immunity that over time develops into an advanced immunity of specificity.

It is important to train and support the natural evolution in the immune system and to support the stages of immune development.

### MEDICAL SERVICES

- General medical examination
- Laboratory test
- Consultation with an expert in genetic and anti-aging medicine at the beginning and at the end of the programme
- Oral health consultation and a check-up with an X-ray and dental cleaning according to the patient's specific needs

### WELLNESS

- Access to the hydrotherapy circuit, according to the prescription (sauna, Turkish baths, hydrotherapy pools, foot baths)
- 1 Detox Hamam Programme
- 3 Immune Boost Ozone Massage
- 3 Andulation Therapy

### HEALTHY NUTRITION

- Consultation with an expert on nutrition and natural therapies
- Nutrition follow-up during the stay
- Natural therapeutic food and drinks, according to the prescription of the programme
- Derma-aesthetic consultation
- 2 Immune Boost IV Therapy

### NATURAL THERAPIES

- 3 sessions of Traditional Chinese Meridian Therapy Programme
- 3 sessions of Oxygen therapy
- 3 session Ozone Therapy



7  
DAYS

## 60 PLUS HEALTH - 7 DAYS

The aim of our 60 Plus Health Programme is to provide health promotion and disease prevention to seniors and to help them maintain their present level of independence.

### MEDICAL SERVICES

- General medical examination
- Laboratory test
- Electrocardiogram
- Consultation with an expert in genetic and anti-aging medicine at the beginning and at the end
- Oral health consultation and a check-up with an X-ray and dental cleaning according to the patient's specific needs
- Derma-aesthetic consultation

### HEALTHY NUTRITION

- Consultation with an expert on nutrition and natural therapies
- Modified Mediterranean Diet according to the prescription
- Nutrition follow-up during the stay
- Natural therapeutic food and drinks, according to the prescription of the programme
- Report of Anti Age and personalised health plan

### NATURAL THERAPIES

- 5 Ozone therapy sessions
- 3 sessions of Traditional Chinese Medicine,
- 5 sessions of Oxygen Therapy
- 5 Session Andulation session
- VIP Hamam Programme

### WELLNESS

- Access to the hydrotherapy circuit, according to the prescription (sauna, Turkish baths, hydrotherapy pools, foot baths)
- 2 IV Energy treatment
- 4 Therapeutic treatment sessions, (deep tissue massage, hot stone therapy, relaxing massage, lymphatic drainage massage or Shiatsu)
- 2 sessions of Anti-Aging Face and Body programme with Caci Ultimate

### FITNESS

- 2 sessions with a personal trainer, may include some of these disciplines: stretching, power plate, kinesis, electro-stimulation, cardio-tone circuit, aqua gym or pilates mat

## ANTISTRESS & SLEEP RECOVERY - 7 DAYS

7  
DAYS



For this matter, we use a programme whose approach concedes unique worldwide, and it involves combining the western diagnosis and therapeutic techniques, with macrobiotics, acupuncture and phytotherapy from oriental medicine.

### MEDICAL SERVICES

- General medical examination
- Laboratory test
- General medical consultation at the beginning, and at the end of the programme
- 3 sessions of Ozone therapy
- Measurement of quality of life and stress
- 2 sessions Psychotherapy coaching

### HEALTHY NUTRITION

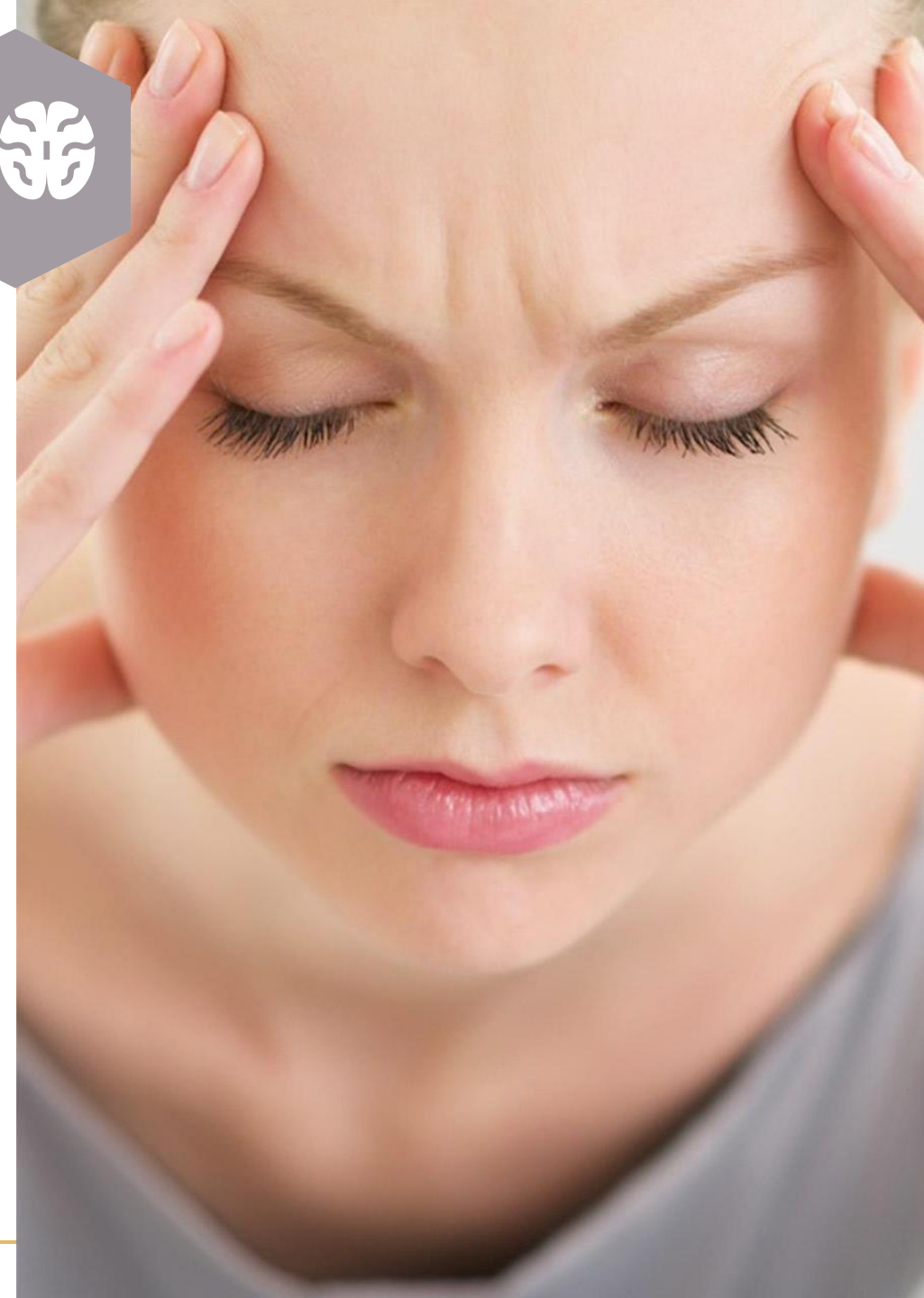
- Consultation with an expert on nutrition and natural therapies
- Modified Mediterranean Diet according to the prescription
- Natural therapeutic food and drinks, according to the prescription
- Personalised health plan after your anti-stress therapy

### NATURAL THERAPIES

- Access to the hydrotherapy circuit, according to the prescription (sauna, Turkish baths, hydrotherapy pools, foot baths)
- 3 sessions of Traditional Chinese Medicine, Therapy
- 2 Session Anti-Stress IV Therapy
- 4 Session Oxygen Therapy
- 4 sessions of Breath Therapy
- 4 sessions Andulation Therapy
- 1 session Medworld Vip Hamam Program
- 4 session Anti-Stress Massage
- 4 sessions Detoxifying seaweed wrap sessions

### FITNESS

- Introductory evaluation and advice class with a personal trainer
- 4 sessions body & mind sessions, according to the prescription: yoga, meditation techniques





## EXPANDED MEN'S HEALTH – 7 DAYS

7  
DAYS



A programme was created specially for men by taking into consideration factors such as age, work stress, habits, nutrition, sexual health...etc.

### MEDICAL SERVICES

- General medical examination
- Comprehensive laboratory testing (including PSA and testosterone levels)
- General medical consultation at the beginning, and at the end of the programme
- Consultation with the urologist
- Sexual health assessment
- Consultation with an expert in genetic and anti-aging medicine at the beginning and at the end of the programme
- Capillary health assessment
- 3 Ozone sessions
- Psychotherapy coaching session

### NATURAL THERAPIES

- 3 sessions of Traditional Chinese Medicine
- 5 sessions Andulation Therapy
- 5 sessions of Oxygen Therapy
- 2 Session Energy IV Therapy

### WELLNESS

- Access to the Relaxation Area (Sauna-Steam Bath-Turkish Bath-Swimming Pool)
- 5 Session Energizing Massage
- 5 Sessions of Detoxifying seaweed wrap
- 5 sessions“Slim & Fit” or “Detox Retreat” body treatments

### HEALTHY NUTRITION

- Consultation with an expert on nutrition and natural therapies
- Modified Mediterranean Diet according to the prescription
- Nutrition follow-up during the stay
- Natural therapeutic food and drinks, according to the prescription
- Personalised health plan

### FITNESS

- Introductory evaluation and advice class with a personal trainer
- 5 sessions with a personal trainer, may include some of these disciplines: electro-stimulation, cardio-tone circuit, Pilates mat, reformer Pilates, crunch, total body, fat-burn, bosu forte, body weight treatment



7  
DAYS

## WOMEN'S HEALTH - 7 DAYS

This is a program in which the most advanced Western technologies are combined with a special integrated approach, developed specifically for women includes a comprehensive analysis of the current health state, helps to strengthen the immunity system, improve the overall physical and psychological state of the body.

### MEDICAL SERVICES

- General medical examination
- Laboratory tests
- General medical consultation at the beginning and at the end of the program
- Expanded hormone examination
- Consultation with an expert in genetic and anti-aging medicine at the beginning and at the end of the programme
- Electrocardiogram
- Derma Aesthetic consultation
- Capillary health assessment
- 5 sessions of ozone therapy
- Psychotherapy session
- Dental check-up 3D panoramic analysis
- Sexual Health Counseling

### HEALTHY NUTRITION

- Expert advice in nutrition and natural therapy
- Individually selected hypoallergenic, modified Mediterranean diet
- Supervision of the nutrition process
- Individually selected therapeutic food and drinks
- Individual recovery plan

### NATURAL THERAPIES

- 5 sessions of traditional Chinese medicine,
- Consultation with a Rehabilitation specialist
- 2 sessions of manual therapy
- 5 oxygen therapy sessions
- 5 sessions adulation therapy

### WELLNESS

- Access to the Relaxation Area (Sauna-Steam Bath-Turkish Bath- Swimming Pool)
- 4 sessions of deep body massage, stone therapy, relaxing massage, lymphatic drainage massage or shiatsu 5 sessions of lymphatic drainage
- 3 sessions "Slim & Fit" or "Detox Retreat"
- 5 sessions Lymphatic drainage session

### FITNESS

- Analysis of physical condition and consultation of a personal trainer
- 5 sessions with a personal trainer, may include: electrical stimulation, Pilates, Pilates reformer, crunch exercises, whole body exercises, fat burning, bosu forte exercises, weight correction



14  
DAYS

## RETURN TO LIFE AFTER CANCER TREATMENT- 14 DAYS

### This programme covers:

- Health Status Assessment
- Elimination of damage caused by surgery and chemotherapy
- Psychotherapy, solving psychological problems, eliminating increased anxiety and depression
- Social Rehabilitation
- Recovery of vitality (fatigue and chronic fatigue are among the most common consequences of chemotherapy)

### MEDICAL SERVICES

- General medical examination
- Medical oncology at the beginning and at the end of the programme
- 6 sessions of Ozone therapy
- 2 Pulmonary detox nebulisation sessions
- Consultation for neurocognitive assessment
- Measurement of quality of life and stress
- Chemo brain test
- Elimination of the effects of chemotherapy, radiotherapy and surgery to the body
- 2 Physiotherapy sessions
- Derma-aesthetic consultation
- Oral health consultation and check-up with an X-ray analysis and dental cleaning according to the patient's specific needs

### WELLNESS

- Access to the Relaxation Area (Sauna- Steam Bath-Turkish Bath-Swimming Pool)
- 6 Therapeutic treatment sessions, according to the prescription (deep tissue massage, hot aromatherapy massage, lymphatic drainage massage or Shiatsu)

### HEALTHY NUTRITION

- Consultation with an expert in nutrition and natural therapies
- 2 Nutritional follow up consultations
- Modified Mediterranean Diet according to the prescription
- Natural therapeutic food and drinks, according to the prescription

### NATURAL THERAPIES

- 6 sessions of Oxygen Therapy
- 5 sessions of Traditional Chinese Medicine, according to the prescription: acupuncture, laser acupuncture or moxibustion
- 6 Ssession andulation
- 2 sessions physiotherapy
- Session foot care

### FITNESS

- 7 sessions with a personal trainer, may include some of these disciplines: electro- stimulation, cardio-tone circuit, Pilates mat, reformer Pilates, crunch, total body, fat-burn, bosu forte, body weight treatment
- Introductory evaluation and advice class with a personal trainer

**7  
DAYS**

## FAMILY & BABY PLANNING - 7 DAYS

Family & Baby Planning Programme; In order to optimize the fertility, taking better care of bodies is a good first step. Women also must know well her cycles, understand and feels what her body is saying. Healthy, well-balanced diet help prepare a woman's body for pregnancy by giving her adequate stores of critical nutrients such as calcium, protein and iron. Right planned physical activities help to prepare for the demands of pregnancy and labor.

### MEDICAL SERVICES

- General medical examination
- General medical consultation at the beginning and at the end of the programme
- 2 Medical follow up consultations
- Planning process with fertilization specialist
- Psychotherapy coaching session
- 4 sessions of Breath Therapy
- 3 sessions Ozone therapy sessions

### HEALTHY NUTRITION

- Consultation with an expert in nutrition and natural therapies
- 2 sessions nutritional follow up consultations
- Modified Mediterranean Diet according to the prescription
- Natural therapeutic food and drinks, according to the prescription

### NATURAL THERAPIES

- 4 sessions of Traditional Chinese Medicine, 6 Oxygen Therapies
- 6 sessions Ozone Sauna sessions
- 5 session andulation therapy
- 6 sessions oxygen therapy

### WELLNESS

- Access to the Relaxation Area (Sauna-Steam Bath-Turkish Bath - Swimming Pool)
- 2 sessions Medworld VIP Hamam treatments
- 6 sessions Detoxifying seaweed body wraps
- 4 sessions Therapeutic treatment session adapted to your needs (deep tissue massage, hot stone therapy, relaxing massage, lymphatic drainage massage or Shiatsu)

### FITNESS

- 5 Sessions with a personal trainer, may include some of these disciplines: electro-stimulation, cardio- tone circuit, Pilates mat, reformer Pilates, crunch, total body, fat burn, bosu forte, body weight treatment

## COMPLETE ANTI-AGING – 7 DAYS

7  
DAYS



A programme intended to optimize health, lengthen your life expectancy and bring vitality back into your life, by a perfect combination of ancient eastern techniques with the latest scientific advances in personalized preventive and predictive medicine.

### MEDICAL SERVICES

- General medical examination
- Laboratory test
- Spirometry analysis
- Consultation with a cardiologist
- Derma-aesthetic consultation
- Capillary health assessment
- 6 sessions of Ozone therapy
- Oral health consultation and a check- up with an X-ray and dental cleaning according to the patient's specific needs
- Consultation with an expert in anti- aging and genetic medicine

### HEALTHY NUTRITION

- Consultation with an expert in nutrition and natural therapies
- Modified Mediterranean Diet according to the prescription
- Nutrition follow-up during the stay
- Natural therapeutic food and drinks, according to the prescription
- Report of Anti Age and Personalized health plan

### NATURAL THERAPIES

- 6 sessions of Traditional Chinese Medicine,
- 5 Therapeutic treatments, (deep tissue massage, hot stone therapy, relaxing massage, lymphatic drainage massage or Shiatsu)
- 6 Oxygen therapies
- Osteopathy session. Musculoskeletal and posture evaluation with a physiotherapist
- 2 Anti-Aging IV Therapy

### WELLNESS

- Access to the Relaxation Area (Sauna- Steam Bath, Turkish Bath- Fitness Area- Swimming Pool)
- 2 Facial Anti-Aging treatments
- 5 sessions of Anti-Aging Face and Body programme with Caci Ultimate
- Foot care treatment
- 5 Session Andullation Therapy

### FITNESS

- 5 sessions with a personal trainer, may include some of these disciplines: stretching, power plate, kinesis, electro stimulation, cardio-tone circuit, aqua gym or Pilates mat





7  
DAYS

## BRIDAL BEAUTY – 7 DAYS

The glowing bride must have always grabbed your attention. You must have also dream of looking ravishing on your wedding day. You can get that perfect bridal look with the help of our bridal beauty programme at Medworld. Different beauty treatments are included in a bridal beauty package.

### DETOX NUTRITIONS & FITNESS

Inner Health is also very important. 7 Days Bridal Detox is aimed to help the body to get rid of toxins. Healthy diet will help you lose a few kilos and relieve swelling. Rejuvenate your body with a pre-wedding fitness programme by Medworld.

- Body mass index
- 5 sessions of Ozone Sauna therapy
- 5 Sessions of Oxygen Therapy
- Consultation with an expert on therapies
- Modified Mediterranean Diet according
- Nutrition plan follow-up during the stay
- Natural therapeutic food and drinks, according to the prescription
- 3 Sessions of Traditional Chinese Medicine,
- Introductory evaluation and advice session with a personal trainer
- 2 Sessions with a personal trainer, may include some of these disciplines: electrostimulation, cardio-tone circuit, Pilates mat, reformer Pilates, crunch, total body, fat burn, bosu forte, body weight treatment.
- 2 Group fitness sessions

### BODY

The process of exfoliation is needed to remove the dead cells from the skin and deep aroma oil-based body massage is done for a soothing and relaxing effect. With body beauty treatments for slimming, contouring, cellulite, lymphatic drainage and lifting you will achieve great effects in a short time.

- Access to the Relaxation Area (Sauna-Steam Bath, Turkish Bath-Fitness Area-Swimming Pool)
- Turkish hamam peeling and foam massage
- 2 Session Anti-stress Massage
- 5 Session Lymphatic drainage sessions
- 4 sessions of Slimming programme with Caci Ultimate
- 4 Session “Slim & Fit” or “Detox Retreat” body treatments
- 3 Session Detoxifying seaweed wraps
- 1 Session Spa Body Scrub
- 1 Session Aroma moisturizing and nourishing Massage

### FACE

More than your outfit and jewelry, your glowing skin and radiant face will reflect your beauty. Makeup always looks better on clean glowy skin. In preparing your skin for the wedding day, cleansing, nutritioning and lifting treatments is an important part.

- Derma-aesthetic consultation
- HydraFacial – cleansing, moisturizing and nourishing face care
- Bruno Vassari face skin care
- CACI Ultimate Face lift up

### DENTAL CHECK-UP & TEETH WHITENING

For beautiful Wedding Photographs! A smile goes a long way.....hence Smile !! That’s what you do the most on your wedding day. So why don’t you think of giving your smile a makeover? A single session of teeth whitening at Medworld’s dental clinic will add that dazzle to your smile like never before!

- Dental 3D panoramic check-up
- Laser teeth whitening
- HANDS AND FEET
- For the would-be bride, manicure and pedicure for beautiful hands and feet are essential.
- Manicure & Pedicure (hand-feet care treatment)

## REHABILITATION AFTER COVID-19 / 7 DAYS

7  
DAYS



As a leader in Physical and Occupational Rehabilitation, we offer treatment for patients recovering from COVID-19 to help them through the physical and emotional challenges that can occur from the virus and get them back to the life they knew. Physical complications after COVID-19 can persist for months or even years, and include impairments in muscle strength, heart and lung capacity, pain, balance, endurance, and walking ability leading to a loss of function and independence.

Our highly-educated clinicians undergo advanced training, which gives them the experience and education to provide you with the highest standard of care. From the start of the COVID-19 pandemic, our team has been proactively researching and preparing for how to help patients who have recovered from COVID-19 in the best way. You can be confident that our assessment and recommended treatment plan will help you recuperate and reach your health goals.

### MEDICAL SERVICES

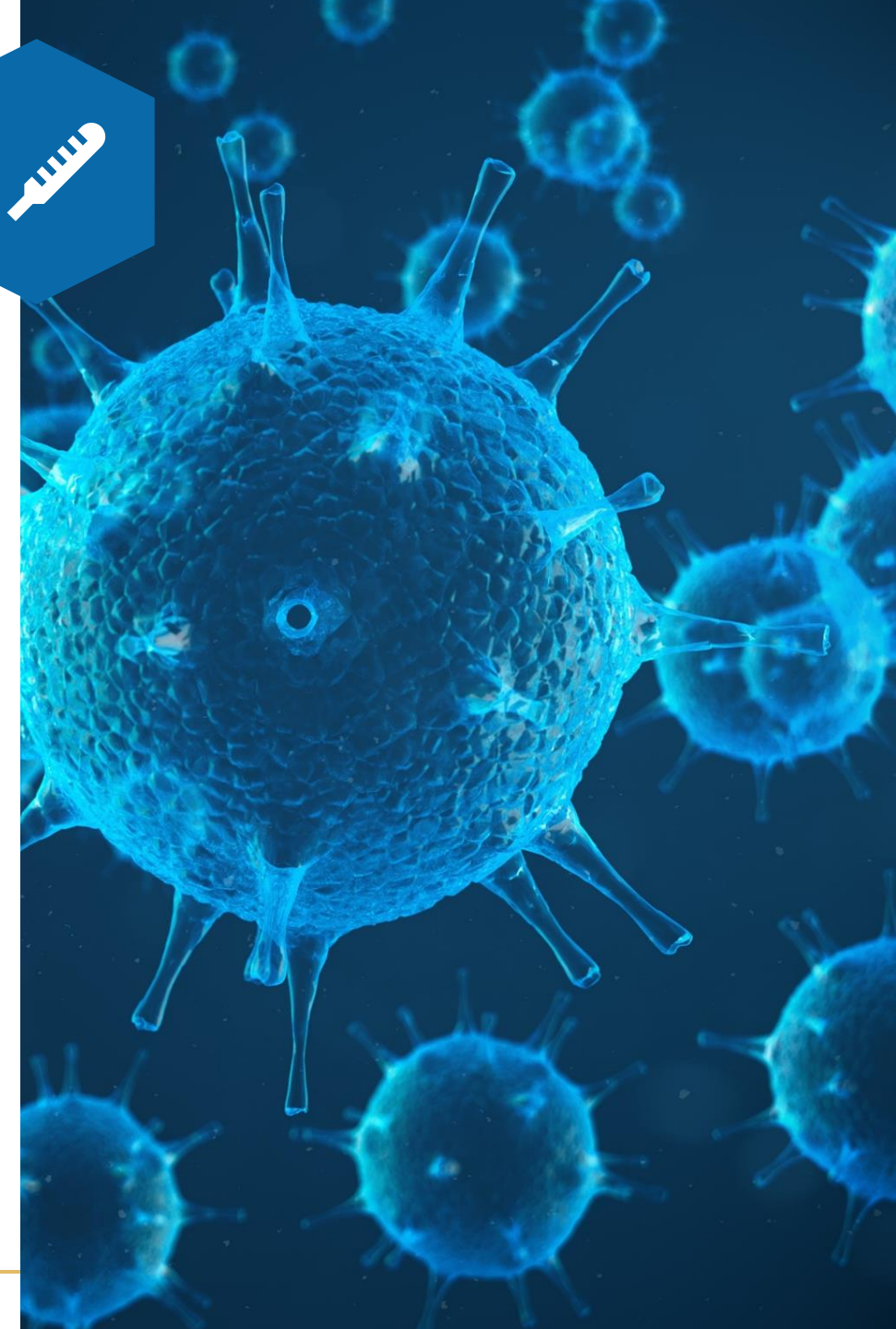
- General medical examination
- Laboratory test
- Consultation with an expert in genetic and anti-aging medicine at the beginning and at the end
- Oral health consultation and a check-up with an X-ray and dental cleaning according to the patient's specific needs

### WELLNESS

- Access to the hydrotherapy circuit, according to the prescription (sauna, Turkish baths, hydrotherapy pools, foot baths)
- 1 Detox Hamam Programme
- 2 Manuel Therapy Massage
- 3 Energizing and softening massage
- 5 Andulation Therapy
- Foot care treatment

### HEALTHY NUTRITION

- Consultation with an expert on nutrition and natural therapies
- Nutrition follow-up during the stay
- Natural therapeutic food and drinks, according to the prescription of the programme
- Derma-aesthetic consultation
- 1 Vitamin-C IV Therapy
- 1 Glutathione IV Therapy
- 3 sessions of Traditional Chinese Meridian Therapy Programme
- 5 sessions of Oxygen therapy
- 5 session Ozone Therapy



## NATURAL BEAUTY FACE - 7 DAYS

7  
DAYS



Rediscover Your Natural Beauty with Youthful Face & Skin Rejuvenation. As we age, facial muscles lose their elasticity, getting softer, and the skin begins to lose its collagen. At Medworld we designed distinct programme designed to optimally address the entire face in terms of volume loss and hollowing that convey the appearance of premature aging and fatigue. This programme includes the pleasing and—above all— natural-looking changes that will make the entire face appear more youthful and refreshed.

### **PRP** (1 session)

PRP therapy has the effect of restoring the layer of collagen and elastin under the skin so that it is more effective in supporting its suppleness.

### **HIGH FREQUENCY FACIAL** (3 sessions)

The high frequency facial skin care treatment helps treat and prevent stubborn acne, shrink enlarged pores, reduce the appearance of fine lines and wrinkles, decongest puffy eyes, fade dark eye circles, stimulates cell renewal and improve skin care product penetration and absorption by gently warming the tissues of the skin

### **BRUNNO VASSARI FACE CARE** (3 treatment)

Moisturizing treatment. The main activity is to stimulate the Natural Moisturising Factor (NMF) and as a result reinforces the epidermal barrier.

### **CACI NON-SURGICAL LIFT** (3 sessions)

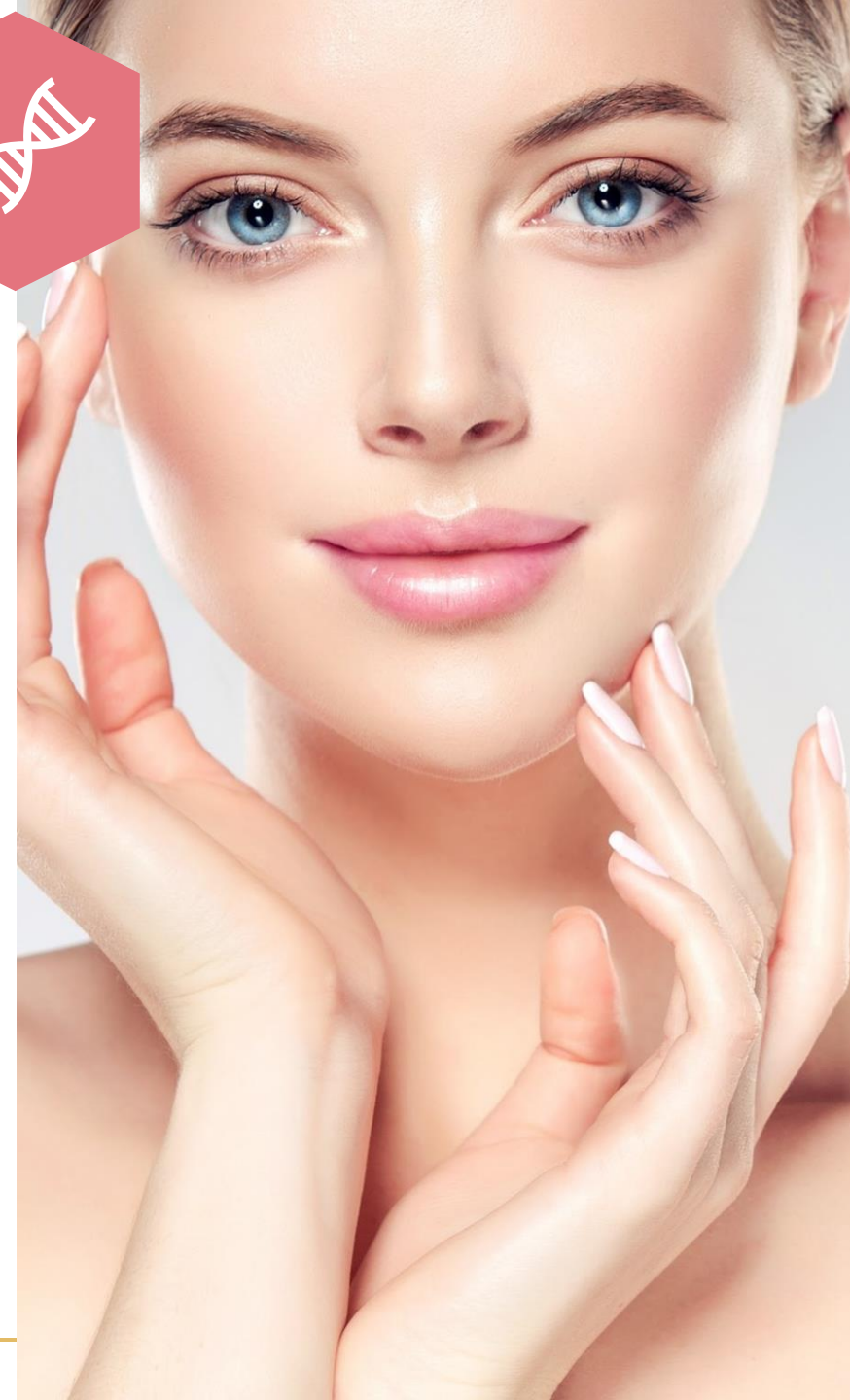
The CACI Non-Surgical Facelift is an advanced non- invasive facial, designed to sculpt and contour the face for a more youthful appearance. Skin tone is improved and the appearance of fine lines and wrinkles are reduced and smoothed.

### **FACIAL MASSAGE** (2 sessions)

Facial massage helps to reduce sinus pressure, puffiness and fluid retention, while promoting lymphatic drainage and allowing your skincare to penetrate deeper. Targeting the lymph nodes, it relieves swelling and slows down the aging of your facial skin.

### **SALMON DNA TREATMENT** (1 sessions)

This is a protocol that provides a clinically proven, brand new and superior approach to skin renewal. This protocol supports, strengthens and allows deep skin hydration.





## KIDS HEALTH PROGRAMMES- 7 DAYS

7  
DAYS



Our rehabilitation center has developed special health programmes that use optimal combinations and a set of procedures to achieve an effective therapeutic and healing effect. Holiday and preventive medical treatment in Antalya is the best gift that I can give as a good parent to my child. The Mediterranean weather helps to increase immunity, reduce the likelihood of catarrhal diseases of children during the off-season, to avoid allergic reactions, and also strengthens the musculoskeletal system.

### PHYSIOTHERAPEUTIC PROGRAMME

this program helps to solve the problem of posture in children, strengthen muscles, the skeletal system, normalize the work of other body systems, eliminate back pain, and teach correct posture.

- General medical examination
- Laboratory tests
- 2 consultations with a rehabilitation doctor, physiotherapist
- ‘Rainbow Turkish Bath’ treatment
- Manual therapy session
- 5 back massages aimed to unblock the spine, relax muscles, fix the posture
- 5 sessions of hot Sea Mud Body Wrap
- 5 sessions of undulation therapy
- 4 sessions of electrical stimulation
- 3 oxygen therapy sessions

### PROGRAMME STRENGTHENING THE IMMUNITY

The programme is aimed at strengthening immunity in children, increasing the protective functions of the body and reducing the likelihood of a cold.

- General medical examination
- Laboratory tests
- Consultation of a rehabilitation doctor
- Consultation with a nutrition expert, a personalised nutrition plan
- “Rainbow Turkish Bath” treatment
- 5 massages with herbal oils (Natural medicine)
- 5 sessions of Hot Sea Mud Body Wrap
- 3 sessions of “Ozone-sauna”
- 3 sessions of “Oxygen therapy”





7  
DAYS

## ANTI-SMOKING PROGRAMME -7 DAYS

Smoking is a definite cause of different types of cancer, cardiovascular and chronic pulmonary diseases. The objective of the Medworld & Dr. Oz anti-tobacco programme is to stop smoking naturally and healthily; to recover the natural functions of the organism (lungs and other organs). Medworld & Dr. Oz anti-tobacco programme involves finding out about the addiction profile of each guest beforehand and then working on the physical and mental conditioning factors in a personalized way.

### MEDICAL SERVICES

- General medical examination
- Pulmonary function test with spirometry
- Laboratory test
- Electrocardiogram
- General medical consultation at the beginning, and at the end of the programme
- Consultation with an expert on pulmonologist
- Lung cancer screening for high risk people with low-dose computed tomography

### HEALTHY NUTRITION

- Consultation with an expert on nutrition and natural therapies
- Modified Mediterranean diet according to the prescription
- Nutrition follow-up during the stay
- Natural therapeutic drinks, according to the prescription
- Natural therapeutic foods, according to the prescription

### NATURAL THERAPIES

- 1x Introductory evaluation and advice class with a personal trainer
- 4x Traditional Chinese medicine consultation, according to the prescription: acupuncture, laser acupuncture or moxibustion
- 4x Body & mind sessions, according to the prescription: yoga, meditation, mindfulness, chi-kung or pranayama techniques
- Personalised health plan
- 2x Pulmonary detox nebulisation , 2x Colon hydrotherapy sessions
- 1x Foot care sessions, 4x Breath therapy
- 

### WELLNESS

- Access to the relaxation area ( sauna-steam bath-Turkish bath-fitness area-swimming pool)
- 3x Ozone therapy sessions (major and / or minor)
- 5x Oxygen bar sessions
- 1x Dental assessment session with dental cleaning
- 2x Psychotherapy coaching sessions
- 1x Medworld VIP Hamam treatment
- 2x Detoxifying seaweed body wrap
- 2x Therapeutic treatment sessions, according to the prescription (deep tissue massage, hot stone therapy, relaxing massage, lymphatic drainage massage or shiatsu)

